

2019 Norwood News - Happy New Year!

Dear Relatives, Friends and Supporters,

Here at Norwood House we are all looking forward to what we hope will be a wonderful New Year. We are planning to have lots of activities and events for our residents, their families and friends to enjoy with us - so make a note of the dates our events are taking place.

2018 was certainly one of our busiest years. Why not have a look through our 'Year Book' the next time you are visiting. Don't forget, if you would like any of the pictures featured in our Newsletters, please speak to a member of the Reception staff.



Our Christmas Raffle was a great success; and a very ***BIG Thank You*** to everyone who supported us by donating a prize - we had 50! Please check your tickets to see if you have won! We raised £300 which will be used to purchase something special for our residents to enjoy.



Our residents had a special Christmas Day with Santa delivering gifts to all, and a wonderful four course lunch.

As usual, in December our residents enjoyed being entertained by various singers, including Brian Shaw, Geoff Jukes and Tickled Pink, who came in to perform for us between Christmas and the New Year.

Wishing you all ***A Very Happy New Year,***
From all at Norwood House



January 2019 Diary Dates

- 4th January 19
Creative Mojo
10am
- 7th January 19
Geoff Jukes
2:30pm
- 9th January 19
Creative Minds
10am
- 14th January 19
Brian Shaw
11am
- 18th January 19
Creative Mojo
10am
- 22nd January 19
Sing-as-you-Go
2:30pm
- 23rd January 19
Creative Minds
10am
- 28th January 19
Annika
2pm
- 31st January 19
Church of England
Service
11am

*PLEASE FEEL FREE TO JOIN US AT
ANY OF OUR PLANNED EVENTS*

Norwood House
Littlemoor Road
Middleton
Saxmundham
Suffolk
IP17 3JZ

www.countycarehomes.co.uk



County Care Homes

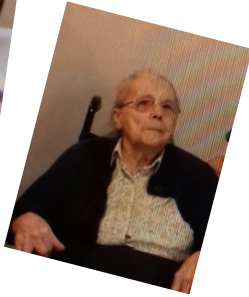
Best Dementia Care Home Finalists The National Dementia Care Awards 2011

Together We Care



December was a time for the Ladies, with **Dizzy** and **Christina** celebrating their birthdays with family and friends.

Happy Birthday Ladies!



As an extra special birthday treat Christina enjoyed a **'Banana & Maltesers'** Knickerbocker -Glory!

welcome

Our residents enjoyed lots of visits from family and friends over the Christmas period.




Family & Friends



TERRACYCLE



Here at Norwood

House we are always aiming to recycle as much as possible.

Most people enjoy a snack; and 'crisp packets' are one of the items which do not decompose overtime, even after 100's of years!

Terracycle have developed a way to recycle the packets and turn them into useful everyday recyclable objects, such as bottles, benches and much more.

Norwood House will soon have a special 'collection box', in Reception so that we can collect crisp packets and send them off for recycling.

Please support us with this project by bringing in your empty packets.

A
Very
Merry
Christmas
And all the
Best Wishes for
A Happy New Year!

Santa Visits Norwood House!





Even when some of our residents wanted to stay in bed - Santa still made sure he visited them with their gifts.





Our residents' enjoyed a festive dinner on Christmas Day, with some family members coming in to join in the celebrations. Charles' family also brought in their musical instruments and played Christmas carols for us, which everyone enjoyed singing along to.

Thank you to everyone that joined us at Norwood House to celebrate Christmas Day with our residents.



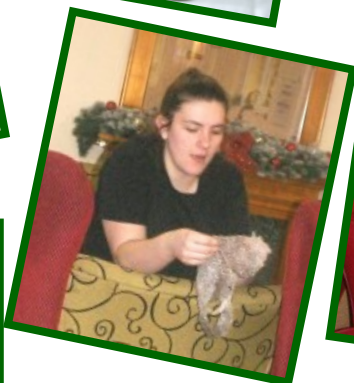
A huge thank you must go to our Kitchen staff who did a lovely Christmas Dinner for families, residents and staff.

Head Chef Amanda, Chef Kevin and Kitchen Assistant Paula.



WILD SCIENCE

Wild Science visited residents' again this month with a huge array of animals to look at, hold and stroke. This month we were visited by chinchillas, hedgehogs, lizards, snakes and even some creepy crawlies!



Both staff and residents were fascinated with the snakeskin and other reptiles.

Thanks Wild Science for joining us.

tickled pink

Our residents were delighted to have the Tickled Pink production company in at the end of December.

The duo entertained everyone with a varied selection of Christmas songs; both old favourites and new contemporary numbers, as well as some tap dancing and a number of swift costume changes!

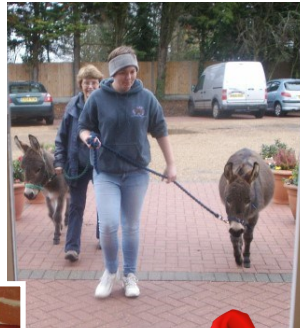


Mini Donks



On the 5th December we were delighted to welcome back the lovely ladies, and donkeys, from Mini Donks.

The donkeys spent their time with us wandering around Norwood House where our residents enjoyed meeting them.



2018 Quiz What news stories do you remember best from last year?

- Who beat Kevin Anderson at the 2018 Wimbledon men's tennis final?
- In April the 2018 Commonwealth Games were held in which Australian State?
- Eritrea and which country officially declared an end to their twenty-year conflict?
- The wedding of Prince Harry and Meghan Markle was held with an estimated global audience of how many? a) 730 Million b) 1.9 billion c) 3.1 billion
- Which country became the first major industrialised country to legalise cannabis for recreational use?
- Greece and the Republic of Macedonia had a 27-year naming dispute between the countries, which was resolved in June and resulted in Macedonia being officially renamed what?
- In July which planet made its closest approach to earth since 2003?
- The Hong Kong–Zhuhai–Macau Bridge was opened in October and gained which record?
- Which country changed its constitution to remove time limits for its leaders thereby making the incumbent 'President for Life'?
- One of the biggest selling UK albums of 2018 was 'Staying at Tamara's' by which singer songwriter?
- In May a constitutional referendum was held on whether to repeal a ban on abortion in which country?
- The 2018 FIFA World Cup was the first world cup to use what system?
- The torch relay for the 2018 Winter Olympic games ended in South Korea, but in which country did it start its journey?
- Which company became the world's first public company to achieve a market capitalisation of \$1 trillion
- Journalist Jamal Khashoggi was murdered inside the Saudi consulate in Istanbul, but which American newspaper did he work for?
- The most intense hurricane to hit the mainland United States since Camille in 1969 struck Florida in October. What name did they give to the hurricane? a) Katie b) Norman c) Michael

Lookout for the answers in our February 2019 Newsletter



It was wonderful to have some of our regular entertainers in through December.

As usual, our residents enjoyed singing, and occasionally dancing, along to a selection of Christmas songs, as well as the usual classics from the days of their youth.



It was also great to see some of our residents enjoying the music with members of their family.



Thank you to all the singers and entertainers who visited us in 2018. Everyone at Norwood House will be looking forward to seeing them all again in 2019.

Don't forget to put their visit dates in your diary so you are able to join us when they are next in to entertain us.

Christmas Raffle 2018



Gift No.	Item	Ticket	Gift No.	Item	Ticket
1	Avon Mini Hamper	Green - 354	26	Pamper Hamper	Pink - 570
2	Adnams Brew Box	Blue - 188	27	Hat & Scarf	Blue - 315
3	Large Food Hamper	Pink - 525	28	Dog & Birdseed Feeder	Pink - 810
4	Ponsettia Plant	Pink - 665	29	Fox's Biscuits	Green - 599
5	Christmas Cake & Pudding	Pink - 110	30	Hamper - for HER	Blue - 156
6	Glenfiddich Trio	Green - 435	31	Jam Selection Box	Green - 565
7	Mug & Choc Sticks	Pink - 813	32	L'Occitane Gift Bag	Blue - 158
8	Reed Diffuser	Green - 537	33	Narcissus Bulbs/Pot	Green - 527
9	Dog & Bowl	Blue - 179	34	Courvosier Brandy	Green - 447
10	Italian Hamper	Pink - 673	35	Smirnoff Vodka	Pink - 552
11	Jack Wills Gift Box	Green - 540	36	Oreo Cookies Tin	Pink - 651
12	1000 Piece Puzzle	Green - 544	37	B&H Pamper Box Set	Blue - 449
13	Amaryllis Bulb	Green - 419	38	Aromatherapy Gift Set	Green - 356
14	Hyacinth Vase/Bulb	Blue - 190	39	Love Gift Box Set	Blue - 429
15	Chocolates & Purse	Pink - 684	40	Bailey's Irish Cream	Blue - 294
16	Shortbread Biscuit Tin	Pink - 653	41	British Cider Box Set	Blue - 351
17	Quilt	Pink - 642	42	Fox's Biscuits	Green - 526
18	Grouse Whisky	Green - 619	43	Shortbread Biscuit Tin	Pink - 765
19	Hamper - for HIM	Pink - 389	44	B&H Bath Bombs	Pink - 616
20	Candle & Lip Gloss	Pink - 786	45	Pink Babycham	Blue - 357
21	Heston Gift Bag	Pink - 808	46	Pear Tree Chocolates	Pink - 722
22	Celebrations Chocolates	Green - 268	47	After 8 Chocolates	Green - 326
23	Milk Tray Chocolates	Blue - 327	48	Six Pence Biscuit Tin	Blue - 395
24	Mugs - for HIM & HER	Blue - 455	49	Quality Street Chocolates	Pink - 471
25	Chocolate Reindeer	Pink - 475	50	Prosecco Chocolates	Blue - 290



A very **BIG THANK YOU** to everyone who kindly donated a prize to our Christmas Raffle, and bought tickets. We had 50 prizes, and raised **£300!** *Please check the numbers above to see if you were a WINNER - Well done to everyone who won a prize.*

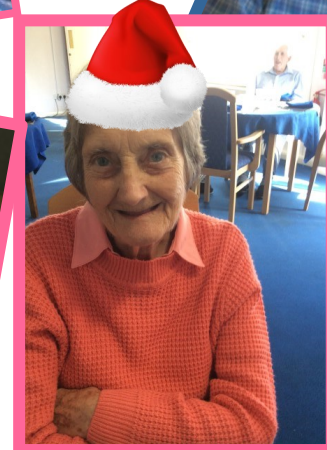
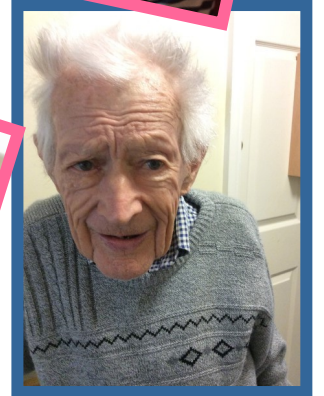
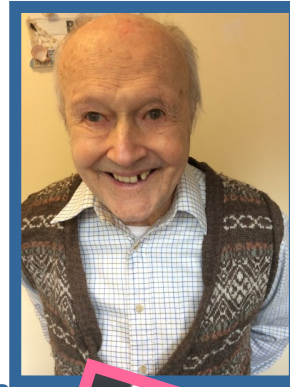


If you visited us over Christmas you would have noticed some of our wonderful Christmas Decorations. Thank you to Foteini, from Creative Mojo and some of the lovely ladies who always enjoy Arts & Crafts.

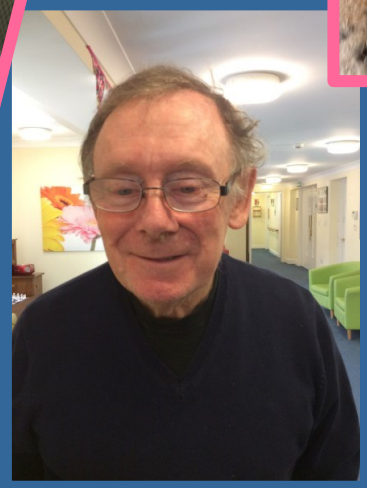
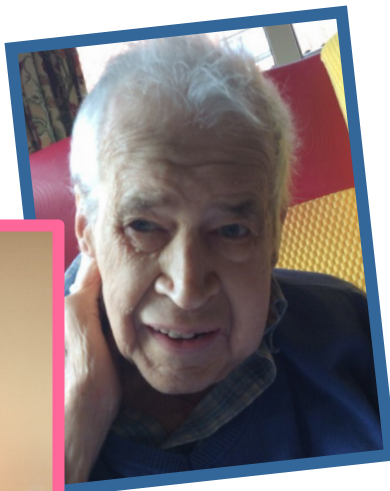


2019
Happy New Year

*From all the Residents and Staff at
Norwood House.*



Bring on
the
NEW YEAR!

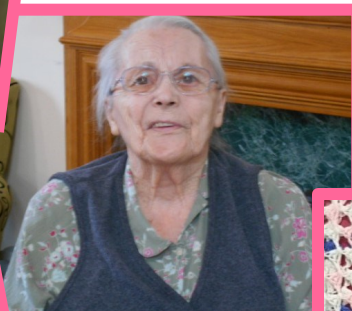
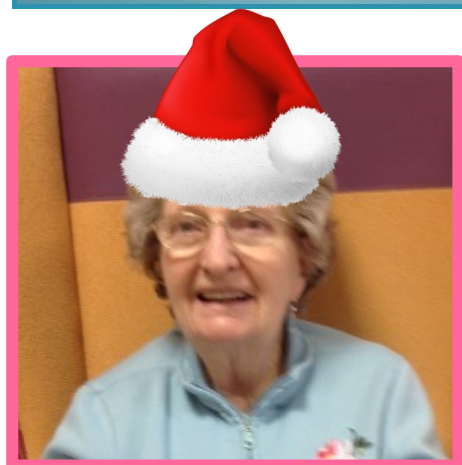


*At the sound of the tolling midnight bell
a brand new year will begin.
Let's raise our hopes in a confident toast,
to the promise it ushers in.*

*May your battles be few, your pleasures many,
your wishes and dreams fulfilled.
May your confidence stand in the face of loss
and give you the strength to rebuild.*

*May peace of heart fill all your days
may serenity grace your soul.
May tranquil moments bless your life
and keep your spirit whole.*

unknown



Don't forget ~
If you would like
copies of any of
the photographs
shown in any
edition of our
Newsletters, please
ask a member of
the Reception
staff.



Baby Shower



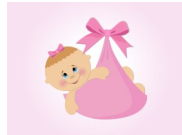
All our ladies like to look their best; so most made sure that they had a trip to our Hairdresser, Kay, in time for Christmas.

Though some just go to enjoy a cup of tea and a chat!



Staff at Norwood House gave Laura, from Housekeeping, a special send off when she went on maternity leave last month.

Her baby girl is due in February.



Christmas Brain Teaser Answers

How did you do?



Questions

1. After leaving Bethlehem, to which country did Joseph, Mary, and Jesus travel? **Egypt**
2. Christmas is celebrated on the 25th of December. Who is the patron saint remembered on the 26th of December? **Stephen**
3. Every elf has this ornament on the tip of their shoes. Which ornament are we talking about? **Bells**
4. Everyone is familiar with the mistletoe tradition. What is the colour of the berries of the plant? **White**
5. How does Santa Claus go back up the chimney to continue his journey of delivering gifts? **He places his finger on the side of his nose, gives a smile and a nod.**
6. How many points does a snowflake traditionally have? **six**
7. Name the eight original Reindeer. **Blitzen, Comet, Cupid, Dasher, Prancer, Vixen, Dancer and Donner**
8. One of the most famous Cola companies in the world used to have advertisements featuring a happy, smiling Santa Claus. Name the company **Coca Cola**
9. Red and green are the two colours most associated with Christmas. Which are the two other colours, according to Christmas holiday trivia, that are also extremely popular in this season? **Gold and Silver**
10. Traditionally, kids leave out snacks for Santa Claus. What are these snacks? **Cookies and Milk**
11. Traditions of Christmas around the world will tell you that Santa Claus is known by many names. What is the French name for Santa Claus? **Pere Noel**
12. Two of the reindeers are named after weather phenomenon. Name the reindeer. **Donner, which means 'Thunder' in German, and Blitzen, which means 'Lightning'**
13. What are the gifts that the Three Wise Men gave baby Jesus, according to Christmas history? **Gold, Myrrh and Frankincense**
14. What is the name of Ebenezer Scrooge's partner, from the play, A Christmas Carol? **Jacob Marley**
15. What two phrases will you almost always find on Christmas gift tags? **To and From**
16. When does the Russian Orthodox Church celebrate Christmas? **January 7th**
17. Which country can be credited with the creation of the Christmas beverage, eggnog? **England**
18. Which country does St. Nicholas originally belong to? **Turkey**
19. Which country gifts the Christmas tree that is placed at the Trafalgar Square in London, according to Christmas tradition? **Norway**
20. Which is the most popular ornament used to place at the top of the Christmas tree? **Angel**

Wishing You All a Very Happy New Year

From Everyone at Norwood House