

Norwood House Littlemoor Road Middleton Moor Saxmundham IP17 3JZ

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Together We Care





MISTER JOHN









Mister John came in to perform for the residents, they enjoyed joining in playing tambourine and having a dance.

Music can have many benefits in the setting of dementia. It can help reduce anxiety and depression. Music lights up emotional memories.





6 MOUGUEL OF MONTH



Congratulations to Tina (and Oscar) for achieving employee of the month











You have the opportunity
to get involved too! We
have left some hearts in
reception for you to
leave a message for your
loved one







We would love you to join us on Valentine's Day for a Special Buffet at 3.30pm

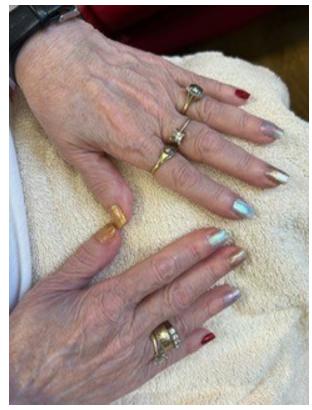
Pamper Session



Some of our lovely ladies enjoyed a manicure with Renata who made their nails look beautiful.



















The residents played a game of tin can alley. This kind of activity is good for hand/eye coordination and is great to include as part of a gentle exercise programme for older people.

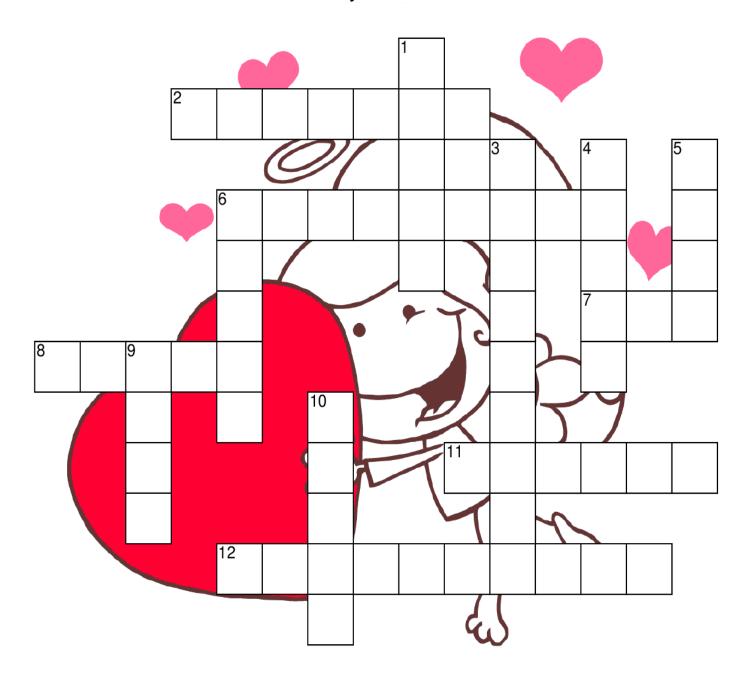








Valentine's Day Crossword Puzzle



Across

- 2. They smell beautiful and we love to give them out on Valentine's Day.
- 6. This type of candy is brown and yummy.
- 7. The color of Valentine's Day.
- 8. He flies and shoots arrows.
- 11. We use this to tie around boxes.
- 12. We call someone special this name on Valentine's.

Down

- 1. Cupid uses this to shoot with a bow.
- 3. Will you be my _____?
- 4. Valentine's Day shape.
- 5. We hand this out to friends and family on Valentine's.
- 6. It tastes sweet and we love to receive it.
- 9. Another color for Valentine's Day.
- 10. These flowers are red and have petals and thorns.

Manager's comment

Thank you to all the relatives that attended our relatives meeting last month, it was great to see you all! We really appreciate the feedback. Our next relatives meeting is on Wednesday 6th April 2023 at 2.30pm. We hope to see you all there.

Contact Details

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We look forward to assisting you



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